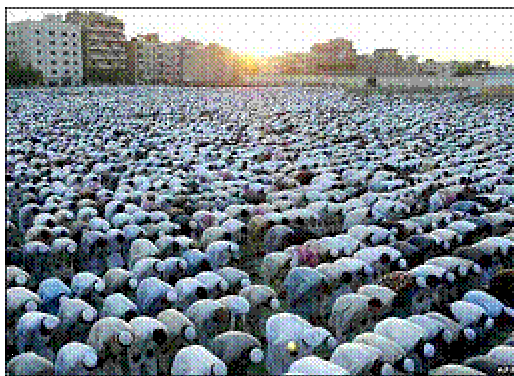


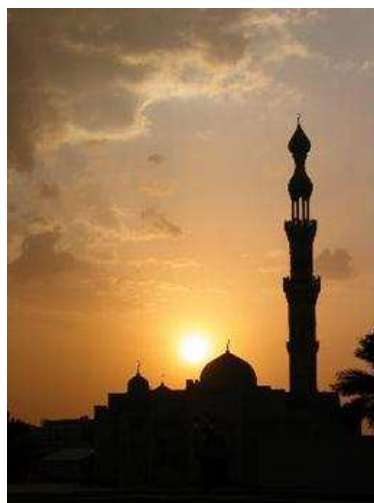
Continuing our theme of bringing culture to your inbox, here is our next instalment on imminent religious events during August and September.

It is estimated that over 2.5 million Muslims in the UK will honour these festivals.



**Ramadan** starts tomorrow and is an Islamic religious observance that takes place in the ninth month of the Islamic calendar, it is the month that the Qur'an was revealed to the Prophet Muhammad.

This is a month of fasting, in which participating Muslims refrain from eating, drinking, sexual conduct, smoking, and indulging in anything that is in excess or ill-natured; from dawn until sunset. Ramadan ends on the 19<sup>th</sup> September then Eid ul-Fitr is celebrated on the 20<sup>th</sup>.



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## Islamic Celebrations – Ramadan and Eid

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Eid ul-Fitr is an Islamic festival that marks the end of the fasting of Ramadan; which is one of the most important times of year for all Muslims. Eid ul-Fitr means the Festival of Breaking the Fast



This year Eid falls on 20th September, Eid is determined via lunar activity, so the date fluctuates. Ramadan teaches all Muslims the meaning of self-discipline and control, through teaching people the value of food and drink and opening their eyes to what life is like for people who are less fortunate. A major part of Eid is the giving to charity and to those who are in need.

Muslims all over the world celebrate by dressing up, visiting relatives and dining with family. The three days of Eid have major significance; people will be at peace with Allah and also find inner tranquillity and harmony within the universe. Eid becomes a time where Muslims celebrate the victory of completing Ramadan.

Coming up soon  
Ethnic public holidays and festivals ● Diwali

You will be surprised to know how much we know about EMG's. To find out more call:  
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